

Week 4:

Eucharistic Living

If coming to the One Table does not change us, then we're doing it wrong. In sharing the Eucharist, we become what we eat. In following Jesus, we are called to fully surrender our lives to God, gather in community, sacrifice for others, and receive from others. We are called to do these things both within our church community and outside our church community, in the world. How do you live the Eucharist?



**As bread that was scattered on the hillside,
was gathered together and made one,
so too, we, your people,
scattered throughout the world,
are gathered together around your table
and become one.**

**As grapes grown in the field
are gathered together and pressed into wine,
so too are we drawn together
and pressed by our times to share a common lot
and are transformed into your life-blood for all.**

**So let us prepare to eat and drink as Jesus taught us:
inviting the stranger to our table
and welcoming the poor.
May their absence serve to remind us
of the divisions this Eucharist seeks to heal.
And may their presence help transform us
into the Body of Christ we share.**

Janet Schaffran and Pat Kozak, *More Than Words*
Adapted from the Didache, ca. 110

A second meaning of
"Do this in memory of me" is thus
"Gather up all of your fleshly memories of table--
of food and fun, tears and laughter, mellowness and mirth--
for they have become your own body.
Your body is both at the table and on the table.
You are looking at what you have become.

Nathan D. Mitchell

You are there on the table;
you are there in the chalice.
You are this body with us,
for, collectively, we are this body.
we drink of the same chalice
because we live the same life.

Augustine of Hippo, 4th century

Learn More on the Website:

Loaves & Fishes

This story is so important that it appears in all four gospels, and twice in Mark and Matthew. Why is this story so important? And how does it call us to live?

Here's to the Day

One of the most beautiful and poignant songs about Eucharist ever written.



Visit
<http://gospel.link/one-table>

